

OAKLAND COLON AND RECTAL ASSOCIATES

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Stephen G. Priest, M.D

Doctor: _____ Date of Appointment: _____

Report At: _____ Appointment Time: _____

Report To: _____ William Beaumont Hospital Royal Oak (go to North entrance registration)

_____ William Beaumont West Bloomfield Surgical Center (go to lower level, Suite 100)

STANDARD PREPARATION

You will need to purchase the following items at your pharmacy (no prescription is necessary):

Two Regular Fleet Enemas

One-10 ounce bottle of Citrate of Magnesia

Three-Dulcolax Tablets

-Discontinue all aspirin products and blood thinners seven days prior to your exam. You may take Tylenol or Tylenol based products.

-If you take Coumadin, Plavix or other blood thinners contact the prescribing doctor prior to discontinuing use and let our office know if they have instructed you differently.

-You must have a driver/companion come with you, stay with you and bring you home from your procedure per hospital policy.

-Contact our office if you have had bone replacement surgery (hip, knee, etc.) or heart valve replacement within the last year.

Day 1

Start on _____ at **12 noon**. You may have clear liquids such as broth, bouillon, black coffee, tea, lemon or lime Jell-O, soft drinks and fruit juices.

Day 2

On _____, you will need to continue with clear liquid diet.

At **10:00 a.m.** drink the 10 ounce bottle of Citrate of Magnesia (chilled).

At **2:00 p.m.** take the three Dulcolax tablets (swallowed whole) with a glass of water. You may have clear liquids until Midnight. Drink at least one full glass of water prior to bedtime.

Day of Procedure

On the day of your procedure two hours prior to exam take two fleet enemas. Report for your exam at the time indicated at the top of the page. You may have nothing to eat after midnight until after your exam.

You may have clear liquids only until 4 HOURS prior to your procedure time. If you have medication you are required to take you make take them with a sip of water only.