

PREPARATION FOR FLEXIBLE SIGMOIDOSCOPY (PM Prep)

You may have a light breakfast before 9:00 a.m. the morning of your appointment. You may continue to have clear liquids up until your appointment time.

You will need to purchase two Saline Laxative FLEET ENEMAS (green and white box) over the counter at any pharmacy. Administer the first enema no more than 2 hours prior to your appointment. After evacuating the first enema, administer the second one. If the second enema does not run clear, fill the empty Fleet container with warm tap water and repeat.